

1 Know Me

Unit-1 : Our Body

- Do it yourself

2 Body Facts

Exercise

Section-I

A. Oral questions :

- Ans. 1. Nose, ears, eyes, mouth, head.
2. We have five fingers in each our hand.

B. Tick (✓) the correct answer :

- Ans. 1. (a) 2. (c)

Section-II

A. Fill in the blanks using the words given below :

- Ans. 1. I am a **boy/girl**.
2. I nod my **head** to say 'Yes' or 'No'.
3. I use my **legs** to walk to school.
4. I bend my **knees** to sit on the floor.
5. I use my **hands** to clap.

B. Answer the following questions :

- Ans. 1. We have two hands.
2. We have two eyes.

Activity

- Do it yourself

3 Our Senses

Exercise

Section-I

A. Oral questions :

- Ans. 1. Eyes and ears.
2. Our eyes help us to see.

B. Tick (✓) the correct answer :

- Ans. 1. (b) 2. (a)

Section-II

A. Fill in the blanks using the words given below :

- Ans. 1. We have **five** sense organs.

2. Nose helps us to **smell**.

B. Answer the following questions :

- Ans.** 1. Our body parts which help us to feel the things, find around us are known as sense organs.
2. The five senses are see, hear, taste, feel and smell.

Activity

- Do it yourself
- Do it yourself

4 How We Work



Exercise

Section-I

A. Oral questions :

- Ans.** 1. We can stand, walk, run, jump, kick and hit with our feet.
2. The body parts perform different functions.

B. Tick (✓) the correct answer :

- Ans.** 1. (a) 2. (b)

Section-II

A. Fill in the blanks using the words given below :

- Ans.** 1. Neck is joined to the arms through the **shoulders**.
2. We stand with our feet and **legs**.

B. Answer the following questions :

- Ans.** 1. We can hold things, lift things, pull things, push things, throw things, hit things, draw things, pick things, with our arms, hands and fingers.
2. We can stand, walk, run, jump, hop, kick and hit with our legs.

Activity

- When we Cycling, playing Cricket, Badminton, Hockey and driving a car we use both legs and hands.

5 Family and Relations

Unit-2 : My Family and My Home



Exercise

Section-I

A. Oral questions :

- Ans.** 1. A family with one or two children and parents is known as small family.
2. Father, mother and children together make a family.

B. Tick (✓) the correct answer :

- Ans.** 1. (a) 2. (c)

B. Tick (✓) the correct answer :

Ans. 1. (a) 2. (b)

Section-II

A. Fill in the blanks using the words given below :

- Ans.** 1. A **flat** is a pucca house.
2. A **hut** is a kuchcha house.

B. Answer the following questions :

- Ans.** 1. We need a house to protect us from heat, cold, rain, thieves and animals.
2. Houses made up of bricks and cement are called pucca houses. These are mostly found in cities.

Activity

- | | | |
|-----------------|---|--------------|
| Ans. Bed | = | Bedroom |
| Dining table | = | Dining room |
| TV | = | Drawing room |
| Bucket | = | Bathroom |
| Gas stove | = | Kitchen |
| Study table | = | Study room |

8 We all Work



Exercise

Section-I

A. Oral question :

- Ans.** 1. Mostly, Father earns money for the family.
2. Mother looks after the house and us.

B. Tick (✓) the correct answer :

Ans. 1. (a) 2. (b)

Section-II

Answer the following questions :

- Ans.** 1. Do it yourself
2. Do it yourself
3. Mother cooks food, keeps the house clean, washes the clothes and takes good care of us.

9 Time for Food

Unit-3 : Our Needs



Exercise

Section-I

A. Oral questions :

- Ans.** 1. We need food to stay alive. Food makes us strong and healthy.

2. We take four meals in a day.

B. Tick (✓) the correct answer :

Ans. 1. (a) 2. (c) 3. (c)

Section-II

A. Fill in the blanks using the words given below :

Ans. 1. We need **food** to stay alive.

2. Food helps us to **work**.

3. Food gives us **energy**.

4. Food makes us **strong**.

B. 'Write 'T' for true and 'F' for false :

Ans. 1. F 2. T 3. F 4. T

C. Answer the following questions :

Ans. 1. • We need food to stay alive.

• Food helps us to grow. Food gives us energy.

• It makes us strong and healthy.

2. We should have four meals in a day:—breakfast, lunch, snacks and dinner.

3. When we take meal at afternoon, it is known as lunch.

Activity

- Mango, Apple, Banana, Cucumber and Pineapple

10 Water



Exercise

Section-I

A. Oral questions :

Ans. 1. We need water to live.

2. We get water from rivers, lakes, hand pumps and wells.

B. Tick (✓) the correct answer ;

Ans. 1. (a) 2. (b)

Section-II

A. Fill in the blanks using the words given below :

Ans. 1. We should never waste **water**.

2. At home, water comes from **taps**.

3. The rain water gets collected in rivers, **lakes**, seas, wells and **oceans**.

B. Answer the following questions :

Ans. 1. No, I don't waste water.

2. Rain is the main source of water.

Activity

- Do it yourself



Exercise

Section-I

A. Oral questions :

- Ans. 1. We need clothes to cover our body. Clothes keep us safe from heat, cold and rain.
2. We get cotton from cotton plant.

B. Tick (✓) the correct answer :

- Ans. 1. (b) 2. (b)

Section-II

A. Fill in the blanks using the words given below :

- Ans. 1. We wear **woollen** in winter.
2. We wear **raincoat** in rainy season.

B. Write 'T' for true and 'F' for false :

- Ans. 1. T 2. T

C. Answer the following questions :

- Ans. 1. Some clothes are worn according to season they are known as seasonal clothes.
2. We wear woollen clothes in winter because woollen clothes keep our body warm.

Activity



Exercise

Section-I

A. Oral questions :

- Ans. 1. yes, we play with toys.
2. No, we should not play on the road.

B. Tick (✓) the correct answer :

- Ans. 1. (a) 2. (b)

C. Correct the underlined words :

- Ans. 1. Always walk on the left side of the road.
2. Always make a queue for getting in the bus.
3. Do not play with sharp objects.
4. Never touch electric wires with wet hands.
5. Do not climb on the shelves.

Section-II

A. Fill in the blanks using the words given below :

- Ans.** 1. Never play games with **pillows**.
2. Never touch electric wires with **wet** hands.
3. Cross the road at the **zebra crossing**.
4. Rules of **safety** keep us safe.

B. Answer the following questions :

- Ans.** 1. Always make a queue for getting in the bus.
2. We never play with fire.

Activity

- Ans.** 1. Do not play with sharp objects.
2. Always walk on the footpath.
3. Cross the road at the zebra crossing

13 Be Clean



Exercise

Section-I

A. Oral questions :

- Ans.** 1. Yes, we do.
2. We wash our hands to make it hygienic.

B. Tick (✓) the correct answer :

- Ans.** 1. (a) 2. (b)

Section-II

A. Fill in the blanks using the words given below :

- Ans.** 1. Wash your eyes with **clean** water.
2. We should dust the furniture **regularly**.

B. Answer the following questions :

- Ans.** 1. We should keep ourselves clean to make healthy.
2. We should wash our hands before and after every meal. We should wash our hands after coming from the toilet too.

Activity

- Soap, shampoo and neat clothes.

14 Good Manners



Exercise

Section-I

A. Oral questions :

- Ans.** 1. We should use good morning, thank you, sorry and please in our daily routine.
2. We should keep our house clean by not throwing garbage anywhere.

B. Tick (✓) the correct answer :

Ans. 1. (a) 2. (b)

Section-II

A. Fill in the blanks using the words given below :

Ans. 1. We should follow good **manners** all the time.
2. A good child **obeys** his elders.

B. Answer the following questions :

Ans. 1. Everyone likes a child who is well-mannered.
2. Respect and obey elders. Help the old and needy.

15 Transport

Unit-4 : Transport and Communication



Exercise

Section-I

A. Oral questions :

Ans. 1. It is right.
2. Air transport is the fastest means of transport.

B. Tick (✓) the correct answer :

Ans. 1. (a) 2. (b)

Section-II

A. Fill in the blanks using the words given below :

Ans. 1. A **helicopter** has a fan on it.
2. A **ship** sails on water.
3. A **tonga** is drawn by animals.

B. Answer the following questions :

Ans. 1. The means of transport carry people and things easily and quickly.
2. Rickshaw and bicycle are driven by men.
3. The trains are of two types—passenger trains that carry people from one place to another and goods trains that carry goods from one place to another.
4. Bullock-cart and Tonga.

Activity

- Do it yourself

16 Communication



Do it yourself

Activity

- Radio, Television, Telephone, Computer and Newspapers.



Exercise

Section-I

A. Oral questions :

- Ans. 1. If we want to take a bus, we will go to a bus stop.
2. We study in a school.

B. Tick (✓) the correct answer :

- Ans. (a)

Section-II

Answer the following questions :

- Ans. 1. If we want to buy clothes, we will go to a market.
2. We keep our money safe in a bank.

Activity

- Do it yourself



Exercise

Section-I

A. Oral questions :

- Ans. 1. Holi is the festival of colours.
2. Eid is the main festival of Muslims.

B. Tick (✓) the correct answer :

- Ans. 1. (a) 2. (c)

Section-II

A. Fill in the blanks using the words given below :

- Ans. 1. **Eid** is the festival of Muslims.
2. **Gurupurab** marks the birthday of Guru Nanak Dev.
3. **X-max** tree is decorated on Christmas.
4. **Diwali** is the festival when Goddess Lakshmi is worshipped.

B. Answer the following questions :

- Ans. 1. Diwali is the festival of lights.
2. Gurupurab is the festival of Sikhs.
3. Christmas is celebrated on 25th December every year.

Activity

- Do it yourself



Exercise

Section-I

A. Oral questions :

- Ans. 1. Very big plants are called trees.
2. Small plants having soft and green stems are called herbs.

B. Tick (✓) the correct answer :

- Ans. 1. (a) 2. (a)

Section-II

A. Fill in the blanks using the words given below :

- Ans. 1. Very tall plants are called **trees**.
2. Very **small** plants are called herbs.

B. Answer the following questions :

- Ans. 1. Plants have thick woody stems called trunks.
2. A seed needs sun, rain and air to grow into a plant.

Activity

- Ans. Flower, fruit, bud, stem, leaf and root.



Exercise

Section-I

A. Oral questions :

- Ans. 1. Fish and octopus
2. The giraffe is the tallest animal.

B. Tick (✓) the correct answer :

- Ans. 1. (b) 2. (c)

Section-II

A. Fill in the blanks using the words given below :

- Ans. 1. **Insects** are very small animals.
2. **Animals** are very useful to us.

B. Answer the following questions :

- Ans. 1. Some animals like dogs, cats and rabbits live in or around our homes. They are called pet animals.
2. **Land Animals**
Animals like horses, dogs, cows and rabbits live on land. They are called land animals.

Water Animals

Animals like fishes, dolphins and octopuses live only in water. They are

- called water animals.
3. Bulls, horses and donkeys are used to carry load.
 4. Animals like lions, monkeys, elephants and giraffes live in jungles. They are called wild animals.

Activity

- Do it yourself

21 Weather



Exercise

Section-I

A. Oral questions :

- Ans.** 1. We cannot see the sun on a rainy day.
2. Weather is a condition for about a day.

B. Tick (✓) the correct answer :

- Ans.** 1. (a) 2. (b)

Section-II

A. Fill in the blanks using the words given below :

- Ans.** 1. Sometimes we see a **rainbow**.
2. The trees keep **swaying**.
3. We use **umbrellas**, raincoats when it rains.

B. Answer the following questions :

- Ans.** 1. When a strong wind blows, is called a windy day.
2. On a rainy day, we can see the rainbow in the sky.
3. When the sun shines brightly, is called a sunny day.

C. Match the following :

- Ans.**
- | | | |
|---------------|---|---------------|
| • A sunny day | → | • snow |
| • A rainy day | → | • strong wind |
| • A cold day | → | • hot |
| • A windy day | → | • cloud |

Activity

- Do it yourself

22 The Earth



Exercise

Section-I

A. Oral questions :

- Ans.** 1. Animals, plants, soil, rocks and clay are natural things.
2. Buildings, bridges, dams and roads are man-made things.

B. Tick (✓) the correct answer :

Ans. (a)

Section-II

A. Fill in the blanks using the words given below :

Ans. 1. A globe is the model of the **Earth**.
2. Earth is **round** in shape.

B. Answer the following questions :

Ans. 1. Natural things are the things which are made by nature.
2. Man-made things are the things which are made by man.

Activity

- Do it yourself

23 The Sky



Exercise

Section-I

A. Oral questions :

Ans. 1. Sun is a huge ball of gases.
2. No, we can not see the sun on a rainy day.

B. Tick (✓) the correct answer :

Ans. 1. (a) 2. (b)

Section-II

A. Fill in the blanks using the words given below :

Ans. 1. The **moon** and **stars** can be seen in the sky at night.
2. Sun is a huge **ball** of gases.

B. Answer the following questions :

Ans. 1. Yes, we can.
2. We can see clouds, stars, rainbow, planets and satellites in the sky..

Activity

- Do it yourself

24 Time, Days and Months



Exercise

Section-I

A. Oral questions :

Ans. 1. A leap year has 366 days.
2. There are 24 hours in a day.

B. Tick (✓) the correct answer :

Ans. 1. (a) 2. (c)

Section-II

A. Fill in the blanks using the words given below :

- Ans.** 1. A **day** is divided into certain times.
2. The afternoon turns into **evening**.
3. The middle of the day is called **midday**.

B. Match the following :

- Ans.** 1. 7 days → a. Leap year
2. 366 days → b. 1 year
3. 365 days → c. 1 hour
4. 60 minutes → d. 1 week

C. Answer the following questions :

- Ans.** 1. Sunday, Monday, Tuesday Wednesday, Thursday, Friday, Saturday
2. There are 365 days in a year.

Activity

- Do it yourself